

# Curriculum Vitae

John F. Iams, M.A., P.T.

## EDUCATION

San Diego State University, pre-physical therapy program. (1967).

Graduate of University of California, San Francisco, School of Medicine.  
Bachelor of Science in Physical Therapy. (1968).

Graduate of University of Southern California, Master of Arts, Physical Therapy.  
First graduate in Clinical Specialist Program in musculoskeletal disorders. (1974)

Hundreds of continuing educational courses, seminars, conferences in the fields of physical therapy, chiropractic, orthopedics, sports medicine, pain, acupuncture, manual therapy osteopathy, massage, energetic healing, nutrition and psychology

## EMPLOYMENT EXPERIENCE

Staff Physical Therapist at the Physical Therapy Department, US Naval Hospital, St. Albans, New York. (1968-70).

Chief of Physical Therapy Department, Naval Hospital, Corpus Christi, Texas. (1970-71)

Assistant instructor under Chief of Pathokinesiology Laboratory, Jacqueline Perry, M.D. Rancho Los Amigos Hospital, Downey, CA. (1972-76).

Lectured in physical therapy curriculum at University of Southern California. (1972-74).

Clinical instructor at Rancho Los Amigos Hospital. (1972-74).

Co-Founder and Co-Director (with Vert Mooney, M.D.) of the Downey Community Hospital Sports Medicine Program, (1974-76).

Physical Therapist at Drs. Burton & Wagner Orthopedics, Inglewood, CA. (1974-75).

Guest lecturer at Centinela Valley Hospital for the Southwest Orthopedic Medical Group (Drs. Kerlan, Jobe and Blazina, M.D.s). (1973).

Physical Therapy Consultant to the 1976 US Olympic track and field competition at University of California, Los Angeles.

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Director of the Physical Therapy Assistant Program, San Diego City College. (1975-78).

Director and President, Physical Therapy Institute, Inc., Poway, CA. Private Practice Physical Therapy clinic, (1978-2005).

Team Physical Therapist for Poway High School sports, Poway, CA (1985-2000).

Book Reviewer for *Physical Therapy*, the Journal of the American Physical Therapy Assoc. (1985-1995).

Book Reviewer and contributor to the *Physical Therapy Forum* (1985-1995).

Lecturer, Loma Linda Physical Therapy School, Loma Linda Univ., Loma Linda, CA.

President and Founder, SuperSpine, Inc. an R&D and educational firm developing products and teaching seminars for pain and stress relief, including Chattanooga's Pivotal Therapy Sys. (1985-present).

Author, *Stress Relief Beyond Belief*<sup>TM</sup>, 1995, self-published.

Inventor, Pain Reflex Release Technique<sup>TM</sup> (1998-present).

Inventor, Stress Reflex Release Technique<sup>TM</sup> (1998-present)

International sports rehab advisor for The National Pitching Association. (2000-present).

Lecturer for The Functional Fitness Certification Program, National Pitching Assoc.

Lecturer at APTA's Combined Section Meeting, February 2003, Tampa, Fl on "The Pain Reflex: The Anatomical & Physiological Basis for Treatment".

Lecturer at the Long Beach District American Physical Therapy Association meeting April 2003 on "The Pain Reflex: The Anatomical & Physiological Basis for Treatment".

Lecturer at Camp Mark Prior, National Pitching Ass. Seminar on SportStress<sup>TM</sup>.

Lecturer at San Diego District APTA meeting January 2004 on "The Dawning of a New Era in Manual Therapy"

Lecturer at APTA's Combined Section Meeting, February 2006, San Diego, CA on "Stop Fueling the Flames of Fibromyalgia".

Author, *SportShouldeRemedy*<sup>TM</sup>, a home study course on self-help for shoulder pain.

Author *SportStresSolution*<sup>TM</sup>, a home study course on enhancing sports performance..

Author, *StresSolution*<sup>TM</sup>, a home study course on how reflexes influence stress.

Author, *Pain Reflex Release Technique*<sup>TM</sup>, home study course using primal reflexes.

Author, *Pain Relief Beyond Belief*<sup>TM</sup>, (due out Spring 2006).

Author, *SportStress*<sup>TM</sup>, 2004 self published